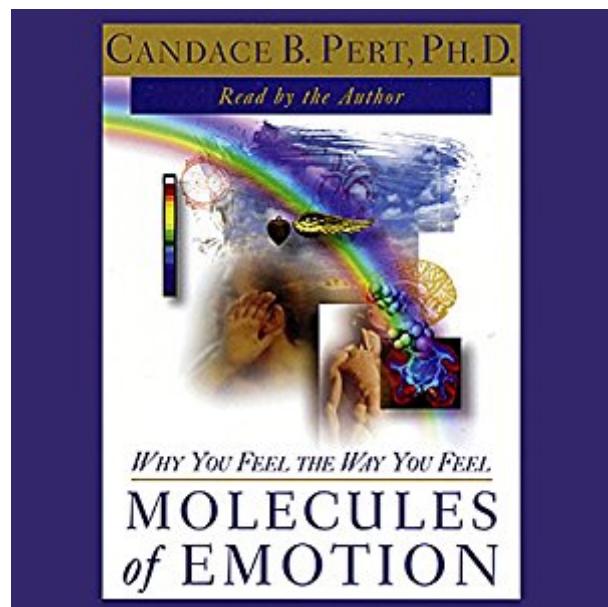


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# Molecules Of Emotion: Why You Feel The Way You Feel



## **Synopsis**

A key player in the discovery, in 1972, of the brain's opiate receptors explains the science behind this and other evidence of the intimate connection between mind and body and their meaning for the future of Western medicine. 75,000 first printing. Tour." --This text refers to an out of print or unavailable edition of this title.

## **Book Information**

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## **Customer Reviews**

When I was first recommended this book, the title made me very uncomfortable - too New Age for me. I thought it would be another book that would claim to find the bridge between mind and body, to point some unscientific pseudofacts that we should all be aware of. However, after the third recommendation I bought the book and delved into it. Dr Candace Pert is a neuroscientist and she speaks biology, which is a recognised territory for me, since my wife is a scientist as well. At the beginning of her book (which is, more than anything, a novel, a very good novel and very well written) Candace unfolds her scientific history and experience, mainly from a biological point of view but also from an autobiographical one. I was excited to enter her lab, when she invited me in, with her enthusiastic approach towards science and with professional knowledge phrased in words I could understand. Very gradually, she draws you into the basics of information-substances, which create the core of information flow in our bodies, communicating with the outside world and the inner one. With regard to facts - the book is full of them. If you are looking for scientific approval of complementary medicine, of hypnotherapy or any mind-body approach, you will surely find references for it there. It is so heart-warming to find a western scientist who not only acknowledges

the unity of mind-body (the body is the unconscious mind, she says), but also further serves the public in the endeavour to shift the old paradigm of separation and move towards a new, integrated one. Candace's future flows right into her past (since information and metaphors are boundless in terms of space and time), creating a shift in her language.

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